

5 Reasons Why You Should Attend The Upcoming HEALTH SCREENING



"I have certain lab tests that I need to monitor for my health (diabetes and thyroid conditions) and it's way less expensive than through the clinic."

"I attend every year, so I was able to see my weight and labs increase every year on the trended graphs. This year, my cholesterol was over the ideal range, so I decided it was time to make a change. Now I'm eating healthier and going for daily walks."



"Online registration was really quick and easy! If you can set up a Netflix account, you can register for an It Starts With Me Health screening."

"I hate going to the doctor's office. The screenings are either on-site or very close to my work - it's too convenient not to go!"



"The screening teams are so fast and friendly. Every year I really look forward to the experience with It Starts With Me Health."

